



Yellow is Unconfirmed

2022-2023 LALSAC Athletic Calendar

(rev. 5-10-22)



Month	Date	Opponent	Time	Notes
Cross Country (5-8 Coed)				
September	8	G-E-T meet @ Ettrick Golf Course	4:15pm	<i>Individ. School Registrations</i>
	28	@ Maple Grove Venues - West Salem	4:30pm	<i>LALSAC hosts</i>
October	4	@ Maple Grove Venues - West Salem	3:15pm	<i>Luther hosts</i>
Volleyball (5&6 Girls "B"/ 7&8 Girls "A")				
September	10	@ regional sites @ Lewiston or 1st	TBD	
	24	@ Luther	TBD	
October	8	@ Luther	TBD	
	15	Tournament @ Luther	TBD	
Flag Football (5&6 Boys "B" / 7&8 Boys "A")				
September	24	@ Luther	9:00am	
October	15	@ Luther	9:00am	
Basketball				
November	11		5:00pm	
	18		5:00pm	
	22		5:00pm	<i>Tuesday night</i>
December	2		5:00pm	
	9		5:00pm	
	16		5:00pm	
	23		5:00pm	
January	6		5:00pm	
	13		5:00pm	
	14-15	B Boys Bounce off @ Winona/Lewiston	TBD	
	20		5:00pm	
	27		5:00pm	
	28	B Girls Tourney @ Luther High	TBD	
February	4-5	LALSAC Tournament @ Luther High	TBD	
	17-19	MLC Large School Tournament	TBD	<i>Individ. School Registrations</i>
	24-26	MLC Small School Tournament	TBD	<i>Individ. School Registrations</i>
LALSAC Fellowship Activity (7&8)				
March	????	LALSAC Fellowship Activity @ Luther		
Track (5-8 Coed)				
April	25	First Lutheran hosts @ Luther	3:30	
May	6	LALSAC Track Meet @ Luther	9:00	
Kickball/Softball (6-8 Coed)				
May	13	Kickball @ Sparta		
	20	Softball @ Sparta		